



I like to go to the shops



I go to the shop to buy food



I can buy other things at the shops



There is a virus called Corona Virus



This is making people very ill



The government have given us rules about going to the shop



We should try to only go to the shops a few times a week



We should try and buy all the things we need in one trip to the shop



We can make a list to help remember what we need



If we forget something we will wait until the next trip to the shop



We should try and stay inside as much as we can.



The rules are to help keep me safe



The rules are to help keep everyone safe